

Melwood Field Day:

More Than Just a Place to Donate Your Car
Thursday October 21st, 2010



Donate your used car to Melwood
1-877-MELWOOD



Melwood Recreation Center
9035 Ironside Road
Nanjemoy, MD 20662

Program Schedule

- 10:00 - 10:30 - Registration and Continental Breakfast
- 10:30 - 12:00 - Ropes Course Events (.15 CEUs Pending)
- 12:00 - 1:30 - Climbing Wall Experience (.15CEUs Pending)
- 1:30 - 2:00 - Lunch (will be provided)
- 2:00 - 3:30 - Equestrian Introduction (.15 CEUs Pending)



Program Facilitator: Doria Fleisher

Recreational Professionals are invited to the Melwood Recreation Center to experience some of what the 108-acre facility has to offer. All participants will get experiences in ropes course team building, climbing wall skill building and equestrian therapy. Participants will gain an understanding of how each of these activities can be used in an inclusive environment while offering many benefits for each participant. With this understanding participants will be able to identify and make appropriate referrals to services at the Melwood Recreation Center.

Melwood provides support to over 1,700 people with disabilities allowing them to live, work, and play where and how they choose. The Recreation Center offers a variety of recreation opportunities to people with developmental and physical disabilities including an inclusive summer camp for children, a small-group, community based vacation program for adults, and a year-round equestrian program for youth and adult riders with and without disabilities.

For more information or special accommodations, please contact Michael Glanz at 240-417-2743

Registration: MRPA Members - \$40 Non-Members - \$60 Students - \$20

If you have any dietary restrictions please send them to mglanz@melwood.org

MRPA Office 301-942-7203 TTY 301-942-7300 MRPA Fax 301-942-7206

Mail of fax registration to MRPA, Inc. 2000 Shorefield Road, Wheaton, Maryland 20902

Name: _____ Address: _____

City: _____ State / Zip: _____

Agency: _____ Phone: _____

Fax #: _____ Email: _____

Visa () Mastercard () Account # _____ Exp: _____

Signature: _____ Check # _____ PO # _____

Directions

From Indian Head Highway (210)

- Indian Head Highway (210) South
- Left on Rt. 225 at Glymont
- Go 1 1/2 miles, across bridge
- Right on Rt. 224
- Almost immediate left on 425
- 7 1/2 miles to crossroads with Rt. 6
- Stay straight on 425 for 2 1/2 more miles
- Melwood Rec. Center is on the Right

From Branch Avenue (Rt.5)

- Route 5 South to Rt. 301 South (roads merge)
- Follow 301 South to La Plata
- Right on Rt. 6 West (at a Starbucks)
- 12 miles to Rt. 425
- Left on 425; go 2 1/2 miles
- Melwood Rec. Center is on the Right

